



File #: 804594100032

Office of the Minnesota Secretary of State  
Minnesota Public Benefit Corporation / Annual Benefit Report  
Minnesota Statutes, Chapter 304A



Read the instructions before completing this form

Must be filed by March 31

Filing Fee: \$55 for expedited service in-person, \$35 if submitted by mail *enclosed check # 133*

The Annual Benefit Report covers the 12 month period ending on December 31 of the previous year.

Notice: Failure to file this form by March 31 of this year will result in the revocation of the corporation's public benefit status without further notice from the Secretary of State, pursuant to Minnesota Statutes, Section 304A.301

1. Corporate Name: (Required) First Aid for Nurses SBC

2. The public benefit corporation's board of directors has reviewed and approved this report.

3. In the field below, enter the information required by section 304A.301 subd. 2 or 3 for the period covered by this report, (see instructions for further information): Note: Use additional sheets if needed. (Required)

To improve patient care and patient outcomes by reducing compassion fatigue and burnout for nurses within healthcare organizations.

4. I, the undersigned, certify that I am the chief executive officer of this public benefit corporation. I further certify that I have signed this document no more than 30 days before the document is delivered to the secretary of state for filing, and that this document is current when signed. I further certify that I have completed all required fields, and that the information in this document is true and correct and in compliance with the applicable chapter of Minnesota Statutes. I understand that by signing this document I am subject to the penalties of perjury as set forth in Section 609.48 as if I had signed this document under oath.

Lynn Otterlei Rekvig CEO

Signature of Public Benefit Corporation's Chief Executive Officer

March 20th, 2018

Date (Must be dated within 30 days before the report is delivered to the Secretary of State for Filing)

Email Address for Official Notices

Enter an email address to which the Secretary of State can forward official notices required by law and other notices:

LRekvig@gmail.com

Check here to have your email address excluded from requests for bulk data, to the extent allowed by Minnesota law.

List a name and daytime phone number of a person who can be contacted about this form:

LYNN REKVIG

612-600-5611

Contact Name

Phone Number

Entities that own, lease, or have any financial interest in agricultural land or land capable of being farmed must register with the MN Dept. of Agriculture's Corporate Farm Program.

Does this entity own, lease, or have any financial interest in agricultural land or land capable of being farmed?

Yes  No



# Third Annual Benefit Report

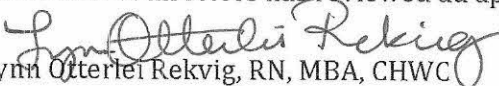
## First Aid for Nurses, SBC

With regard to the period covered by this report, January 1st, 2017, to December 31, 2017, First Aid for Nurses pursued the specific benefit purpose stated in its articles of incorporation 'to improve patient care and patient outcomes by reducing compassion fatigue and burn-out for nurses within health care organizations' in the following ways:

This past year, I completed and became certified. in a health and wellness coaching program named Wellcoaches® and provided by Wellcoaches®, School of Health & Wellness Coaching, based in Wellesley, Massachusetts. They used a science based approach to coaching based on research. This certification provides a platform of credibility for continuing the work of First Aid for Nurses.

During 2017, there were personal family circumstances that hindered further work for First Aid for Nurses during 2017.

The board of directors has reviewed ad approved this report.

  
Lynn Otterlei Rekvig, RN, MBA, CHWC  
Founder and CEO, First Aid for Nurses, SBC  
March 20, 2018



**Work Item 1008903400040**  
**Original File Number 804594100032**

STATE OF MINNESOTA  
OFFICE OF THE SECRETARY OF STATE  
FILED  
03/27/2018 11:59 PM

*Steve Simon*

Steve Simon  
Secretary of State